

COMPOSTING 101

Greens (Nitrogen)

- Food scraps
- Vegetable scraps
- Fruit wastes
- Coffee grounds
- Tea bags/leaves
- Fresh grass clippings
- Other garden waste (plants, stalks, flowers)
- Chicken/livestock manure
- Corn husks
- Stale/moldy bread



Browns (Carbon)

- Leaves
- Shredded straw, hay
- Sawdust
- Woody chips & twigs
- Shredded newspaper
- Nut shells
- Corn stalks and cobs
- Brown paper bags
- TP & paper towel rolls
- Crushed eggshells
- Cereal boxes
- Ashes from wood
- String/cotton thread
- Wool



RIDGEFIELD PARK BACKYARD COMPOSTING PROGRAM

Prohibited Items

- Meat
- Fish
- Poultry
- Bones
- Milk products
- Oil
- Pet manures
- Weed seeds
- Diseased/insect infested plants
- Glossy paper
- Anything with harsh chemicals



Troubleshooting

Ideal N:C Ratio = 2:1

(brown material volume is packed)

Too much Nitrogen = Smelly Compost

Too much Carbon = Won't break down

Adequate air

Adequate moisture

Roll bin around twice a week

Bury food scraps into can for pest control